

Social Determinants of Health

Health Policy Committee Renée Branch Canady, PhD, MPA CEO, MPHI February 9, 2023



ABOUT

Formed under Michigan state law in 1989, MPHI has been an integral partner in bringing together academia, government, community-based organizations, and healthcare providers. These connections empower all of us to develop solutions to a wide range of challenges to health and wellbeing.



Michigan-based and nationally engaged, non-profit public health institute. We are a team of teams, process and content experts, dedicated to **working with you to promote health and advance well-being for all**.





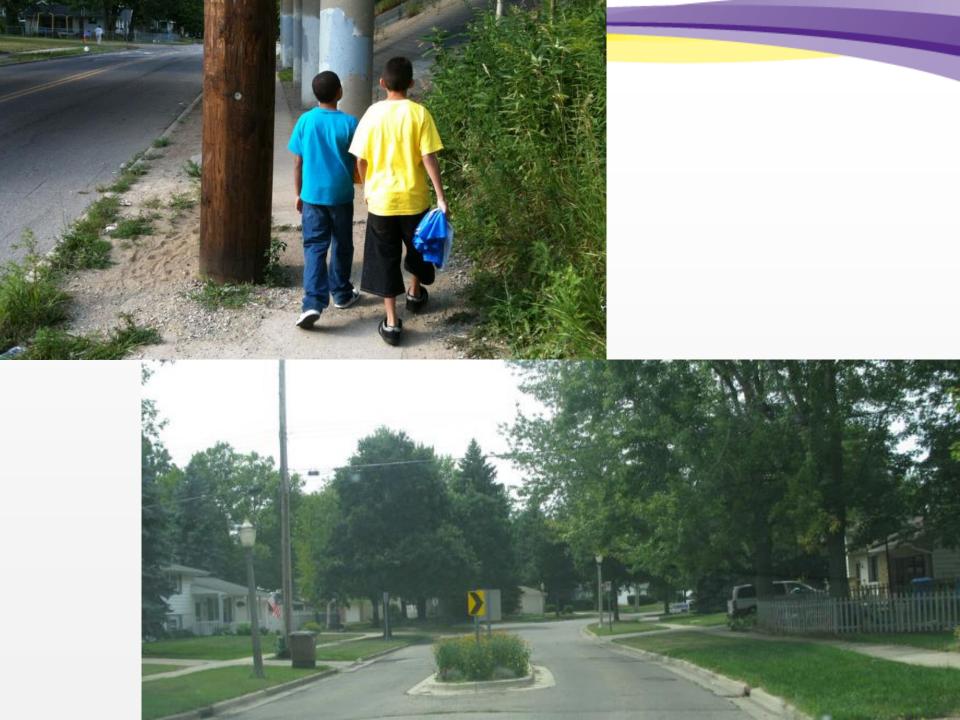
Our Core Values Drive Our Work



Quality & Excellence

Authentic Relationships Servant Leadership Health Equity & Social Justice





















Downstream thinking:

The tendency we have, as individuals and as <u>decision-makers</u>, to focus on one-off, individual lifestyle-based, short-term solutions rather than long-term interventions that address the root-causes of wellbeing.

--Rachel Malena-Chan, thinkupstream.net



Getting Upstream as Mainstream

Instead of only asking:

Why do people smoke?

Who lacks access to healthy food options and why?

How do we connect individuals to cancer screening and supports?

Perhaps we should also ask:

What social conditions and economic policies predispose people to the stress that encourages smoking?

What economic shifts would redistribute healthy food resources more equitably in our community?

What institutional policies and practices maintain rather than counteract people's access to cancer screening and supports?

Who lacks health care coverage and why?

What policy changes would redistribute health care resources more equitably in our community?



Thank you!

Renée Branch Canady, PhD, MPA CEO, MPHI <u>rcanady@mphi.org</u> <u>www.mphi.org</u>